

Inclusion Athletics: COVID-19 Safety Plan

Rules:

- Inclusion Athletics, employees, and agents will comply with all guidance published by state executive orders.
- Students, teachers, and staff must use proper hand hygiene techniques before and after every practice, event, or other gathering.
- Every participant will be screened for symptoms prior to any class or event.
- All equipment will be disinfected before and after use.
- Attention will be given to entry and exit points to prevent crowding.
- Each participant must use a clearly marked water bottle for individual use. The water fountain will be marked “out of order”. If a student wants to purchase a water or powerade, their name will be written on the bottle. If the child does not bring a personal water bottle and they indicate they are thirsty, they will be issued a disposable water bottle and 50 cents will be added to your online account.
- Handshakes, hugs, fist bumps, and other unnecessary contact must not occur.

Face Coverings and Masks:

- All staff will be required to wear facial coverings.
- All students will be required to wear facial coverings in all areas of the studio.
- If students are struggling to breath through a mask due to high level of physical activity, **students will be able to take off masks when they are in their spots** (which are 6 feet away from all other students).
- All non-students must wear their masks the entire time they are present at the studio.
- Individuals (staff or students) who claim medical exemption from wearing a facial covering will need to meet with the owner to provide rationale and documentation before they will be given an exemption. Exempted individuals will be recorded in a master database. Students who are capable of wearing a face covering and refuse to do so in an area where a face covering is required will be issued a face covering by a staff member (the \$2 mask will be charged to the child’s account) and asked to put the face covering on. Parents will be notified by staff and required to pick up their child with each instance of non-compliance. Students showing patterns of non-compliance will be placed into offsite virtual instruction until the student agrees to comply with this safety protocol.

Entering the studio:

One parent may enter the facility with their child (with no other children, please). They may bring their child to the reception desk, then leave. To avoid crowds, we do not want any parents waiting inside the studio (unless your child is under the age of 5). Please keep 6 feet apart when waiting to talk to the receptionist and dropping off the child.

- Please pay for all tuition online, by phone, or by mail. We don’t want more people in the studio then is necessary.
- If you have other children in your vehicle when you are to drop a student off for class, you can call our studio to arrange for a staff member to come out to the vehicle to pick the child up and bring them inside. Same goes for picking up your child. We will give you specific phone numbers to call (each day and location may have a different phone number). For now, call Marla at 906-367-5404.

When a student comes into the studio:

1. The child will be asked (or the guardian of younger children), if they are experiencing any symptoms related to COVID-19.
2. The child will then have their temperature taken and recorded.

3. The child will take off their outdoor shoes, jacket, etc. and put them into a cubby. They will then put on their dance, gymnastics, or gym shoes (shoes will be required for the entire season).
4. They will then wash their hands or be given hand sanitizer.
5. The child will then go into a waiting and warmup area that is marked 6 feet apart. In that spot, they can warm-up, stretch, or just wait for their class to start.

Between and During Classes:

Between each class the floor, mats, and all equipment will be disinfected with a spray disinfectant. During class each station will be disinfected between children or groups of children. We will also have disinfecting stations where a student can go to disinfect something themselves if they feel it's needed. We will have hand sanitizer available along with spray disinfectant for use whenever needed. Teachers will spot disinfect or clean as needed during the class.

Periodically throughout the evening, all touchpoints (doorknobs, handles, tables, cubbies, etc) and bathrooms will be disinfected and wiped down.

If you are interested in knowing more specific safety protocols for your student's classes, give Marla a call to discuss at 906-367-5404.

Deep Cleaning at End of Day:

- At the end of each day, all surfaces will be wiped, swept, and/ or vacuumed.
- The floors and equipment will be thoroughly sprayed with a disinfectant.
- All touchpoints will be thoroughly disinfected and cleaned.
- All bathrooms will be cleaned and disinfected in all areas.

Social Distancing:

To keep kids at the 6 feet apart, all class sizes will be limited. Dance and Ballet classes will be marked with tape on the floor so the children know to stay within their designated box. Here are the number of students allowed in each type of class:

- Ballet/Dance in Crystal Falls: 11
- Gymnastics in Crystal Falls: 11
- Ninja Warrior Parkour in Crystal Falls: 11
- Ballet/Dance in Florence: 9 (classes that are held in the ballroom can have 14 students)
- Gymnastics in Florence: 9
- Dance in Iron River: 9
- Ninja Warrior Parkour in Iron River: 14
- Private Lessons in all locations: 1-4 students

Protocol for Suspected Cases of COVID-19:

- If a student, teacher, or staff member becomes sick on site with symptoms of COVID-19, they should be placed in a clearly identified and designated quarantine area with a mask in place until they can be picked up. Staff who are identified to care for students must wear a mask.
- A symptomatic student should be sent home with a parent or designated adult until they have tested negative or have been released from isolation according to the local health department's protocols. Symptomatic would be defined as showing Covid-19 Related Symptoms upon arrival to activity, or during activity, for symptoms unrelated to the nature of the sport/activity (running, warm weather conditions, etc.)

Protocol for Positive Cases of COVID-19:

- The local health department will be contacted by the school administration or designated authority for further direction. They will initiate contact tracing, following regular public health practices.
- Inclusion Athletics will cooperate with the local public health department if a confirmed case of COVID-19 is identified, and collect the contact information for any close contacts (i.e., individuals less than six feet apart for more than 15 minutes) of the infected individual from two days before he or she showed symptoms to the time when he or she was last at the event. Close contacts should be quarantined for 14 days at home. Local health officials may identify other contacts who require quarantine.
- Administrators, as well as students/families/officials in attendance, should be notified of the presence of any laboratory positive or clinically diagnosed cases of COVID-19 so there continues to be awareness and close observation of any symptoms. NOTE: Student communicable disease related information is protected health information. The individual with COVID-19 should not be identified by name to non-family or non-health department officials. Even if a family/student acknowledges and publicly discloses a positive test, school staff and officials must not participate in discussion or acknowledgement of a positive test by identifying a specific student.
- Students and staff members who were at the event, but not in close contact with a positive case, should continue to be closely monitored for any symptoms of COVID-19. At this time, these individuals are not required to receive testing unless they develop COVID-19 symptoms.
- Areas/equipment that were used by a positively tested individual should be closed off and should not be used until after cleaning and disinfecting them (this includes surfaces or shared objects in the area). If possible, cleaning and disinfecting of the area should not occur until at least 24 hours has elapsed. If 24 hours is not feasible, as much time possible should be allowed to pass before cleaning or disinfection occurs.

Make-up classes for missed class time due to COVID-19 (or any other reason):

- We are offering many options for making up missed class time. Therefore, no refunds will be given for monthly tuition for missed class time. See all 4 ways to make up missed class time.
- All Dance and Ballet classes will be recorded via Zoom. Children can watch at home to make-up at another time or can watch at time that the class takes place.
- All teachers will have a designated drop-in and make up time. Please check the schedule for your student's teacher to be able to drop-in and make up any missed time.
- All Gymnastics and Ninja Warrior Parkour classes can be made up during another class time. There are classes in Crystal Falls, Iron River, and Florence. The student can go to two different locations in one week to make up a missed class from the week before.
- You can also work with a staff member to make-up missed time during a private lesson time slot that works for both the student and the teacher.

By registering your child up for lessons, you understand that there is some inherent risk of being exposed to COVID-19. Additionally, you agree to absolve Inclusion Athletics LLC, Inclusion Dance, and Inclusion Fitness of any liability related to the potential of contracting COVID-19.

If your child is displaying any symptoms of illness (coughing, runny nose, fever) please keep them home. No refunds will be given for dancers who are sick. We have many ways for children to make-up missed class time after they are feeling better.

This is a working document and may be changed as the need arises or by mandate of the states of Michigan and Wisconsin.